



261 Mobil Avenue Camarillo, Ca 93010
(805) 484-8552

Pre-Procedure Instructions

1. **NO** food or drink after midnight.
2. You must have a designated driver.
3. Wear comfortable clothing, and **PLEASE**, no perfumes or scented lotions.

TAKE: Blood pressure, heart medications, and pain medications, early in the morning with a **SMALL** sip of water (just enough to wash the medication down.)

MEDICATIONS: It's **OKAY** to continue taking **BABY ASPIRIN (81 mg)** and anti-inflammatory medications such as: Ibuprofen, Aleve, Naproxen, Celebrex, Meloxicam, Nabumetone

***Please Note: If you are having a SCS Trial, SCS implant or Pump Implant STOP ALL Aspirin and NSAID'S 7 days prior to your procedure.**

DO NOT TAKE: Any blood thinners (Always Check with your primary doctor before discontinuing any medications; especially blood thinners.)

MEDICATION	GENERIC	STOP DATE
ASPIRIN	Aspirin	7 days prior
HERBAL SUPPLEMENTS: (Fish Oil, Vitamin E, Garlic, Ginkgo, Ginseng, Ginger, Feverfew, Saw Palmetto)		7 days prior
EFFIENT	Parsugrel	7 days prior
COUMADIN	Warfarin	5 days (or <1.5 INR)
ARIXTRA	Fondaparinux Sodium	5 days prior
PRADAXA	Dabigatran	3 days prior
XARELTO	Rivaroxaban	3 days prior
LOVENOX	Enoxaparin Sodium	<u>24 Hours prior*</u>

ANTI-PLATELET MEDICATIONS:

PLAVIX	Clopidogrel	10 days prior
PLETAL	Cilostazol	10 days prior
TICLID	Ticlopidine	10 days prior
PERSANTINE or AGGRENOX	Dipyridamole	10 days prior
REEPRO	Abciximab	10 days prior
INTEGRILIN	Eptifibatide	10 days prior

****If you have any question concerning medications please call the surgery center at (805) 484-8552***

DIABETICS:

Check your blood sugar the early in morning the day of your procedure and call the surgery center for instructions prior to taking any insulin or oral diabetic medications.



**Marc D. Wolfsohn M.D, Dale G. Kiker M.D., Alireza Katouzian M.D,
Robert D. Wood M.D, Patrick Buchanan M.D.**

DIRECTIONS:

**Spanish Hills Surgery Center
261 Mobil Ave
Camarillo, CA 93010
Phone: 805-484-8552**

From Points South:

1. Head North on US-101 N
2. Take exit for Carmen Drive
3. Turn right onto Daily Drive
4. Turn left onto Mobil Ave
6. Parking lot entrance is on the left

From Points North:

1. Head South on US-101 S
3. Take exit for Lewis Rd
4. Turn right onto Ventura Blvd
5. Take 2nd right onto Arneill
6. Take 1st left onto E Daily Drive
7. Take 2nd right onto Mobil Ave
8. Parking lot entrance is on the left